

POSTULANTCY NEWSLETTER 2.2024

VIETNAM PROVINCE

With great joy, we convey our loving greetings from Da Lat Postulants Group, Vietnam Province, for 2023 – 2024. We are thrilled to share our activities for the past Eight months (July 2023 – March 2024). Thank you all for your constant sacrifices and prayers. Your love and support are the driving force for us to continue firmly on the path of vocation.



KNOWING GOD

Time has passed quickly. It's been almost seven months since I joined the Postulancy. I am thrilled and fortunate because, during this period, I have had the



time and opportunity to learn many things about knowing myself, the Congregation, and God through subjects, prayer, and sharing community life. In addition, I have the opportunity to visit the poor, collect materials for recycling in association with our partners-in-mission, have some activities with

their children, collaborate with the Salesian Don Bosco fathers in accompaniment with the youth, and do other tasks in the community that have helped me understand and feel God's love more clearly. I have known God is always present in everyone and everything, but sometimes I don't realize it. God expanded my horizons through work opportunities and direct exposure to the mission. God allows me to feel



His presence in the people I meet and, in my life, to experience the guidance and companionship of the Holy Spirit through what I do. And more than that, I believe that God loves me and calls me to follow Him, all of which are signs of His grace and mercy.

Maria Hong Hanh

KNOWING THE CONGREGATION

Through many different ways, we always thank God for leading us to the family of Our Lady of the Missions. Through time, living and sharing life and mission with the sisters, and learning about the Charism and Spirituality of the Congregation, I have grown much more in my understanding and love of this Congregation. Words in the Constitution Art.2: *"The Holy Trinity is the source of all missionary activity"* or *"We who are nothing have in mind not our own poor missions..."* have begun to seep into my little heart. Realizing that everything is God's work, I have learned to put everything in His hands, no longer relying on my strength but only knowing how to cooperate wholeheartedly with God's grace. Knowing God's call for me is difficult, but understanding and living that call to its fullest is even more difficult. But I must entrust myself to the example of Mother Mary and live our complete devotion to the Divine Mission in everything with simplicity, humility, love, and enthusiasm every day. I desire to understand more deeply the Spirituality and Charism of the Congregation so that I can fully live out the call to participate in God's Mission.



Maria Phuong Thuy

CONTEMPLATION

“Alone with God alone...so that I may be able to follow the Holy Spirit in everything, in my interior life as well as in my apostolate.” (365 days with Eu)

The words of our Foundress, Mother Euphrasie Barbier, partly describe the call and the life of the Postulants of Our Lady of the Missions. We thank each of us as they are bearers of seeds sown in the garden of the Congregation, with the guidance and

companionship of the postulant's directress and other sisters. Here, we have many opportunities to be in touch with God through practicing a lifestyle of solitude and silence to hear God's voice, and the call that resonates in our souls. Every day, we can attend Mass, Eucharistic Adoration, private prayer, reflection, practice the moment of recollection, and reception of the sacraments, all of which help us, as young people, to take steps to follow Jesus and become more mature in life

so we can meet and interact with God.

The closer we come to God, the more we realize we are loved and forgiven, and we appreciate the call to be kind and generous. We also recognize that authentic prayer must express a personal and life-giving life.

After seven months of living in the Postulancy, we have become more mature, more sensitive to God's presence, and significantly more open to the guidance of the Holy Spirit. Thanks to that, we have more strength, joy, and inner enthusiasm to follow God. We also show our love for Mother Mary by following her example in a contemplative life. We thank God for the gifts, support, and companionship demonstrated through us in many ways and the people who come into our lives during this time.

Anna Tran Van



COMMUNION



“Wherever there are consecrated people, there is joy” (Pope Francis)”.

As the Pope Francis said, I also profoundly experience this. When living and sharing the mission with the sisters in the

postulancy, I discovered the beauty and richness of differences, each trying to build a community of love and unity. We shared everything about vocation and spirituality, shared playtimes filled with laughter, and spread words of encouragement. Each person's sacrifices and



thoughtful gestures daily help make the community happy and peaceful. The sisters understand each other and live happily. Most of all, thanks to community life, I realize that God especially loves each person.

Maria Thu Hien



DEEPEN SELF KNOWLEDGE

Lord! Each of us is a tiny finger in God's hand of creation. Looking at God's hand, I remember the 13 group members, each small finger creating a big hand. Our hands



have long and short fingers, including many fingers: thumb, index finger, middle finger, ring finger and little finger. This image symbolizes how we come from many different places, circumstances, ages, jobs, and personalities but live under the roof of the Postulancy of Our Lady of the Missions. Let's walk together as friends in search of God. Each person has their abilities and strengths. Living

together cannot avoid disagreements, differences, and frictions, but these help us understand ourselves and each other better. Accept yourself and your sisters as they are. I realize that each person

complements the other. Thus, what needs to be fulfilled in me is that other sisters will complement me to create richness and diversity for the group. Missing a sister is like a hand missing a finger.



Our hands, although small, are like God's hands because each of us is the most unique and memorable image of God. Happiness is simply being able to walk and live together despite difficulties and challenges, smooth away the thorns and roughness, and add intimacy and love to hold each other's hands tightly. Together, we put our hands in God's hands and let Him lead us so we won't have to worry about getting lost.

Anna Nguyen Thi Tuyen

COMMON HOME

“All creatures, sing a song with me. Sing praises to the mighty God who creates all living things.”



Relationships with God, others, ourselves and all things are the four relationships we are called to live more harmoniously, especially during this period. Responding positively to Pope Francis' call to protect

the environment and the eagerness to implement solutions to preserve, protect and contribute to rebuilding the environment, we sat down together to make plans and take action to the best of our ability.

We have become aware of the following strategies. Reuse plastic bags and bottles, and limit single-use plastic items, especially in trading. Be mindful of saving electricity, water and non-renewable energy sources. Together, we clean the streets around the community twice a week and do a general cleaning once a month on the second Saturday. Through these small things, we can also convey the message of environmental protection to everyone.



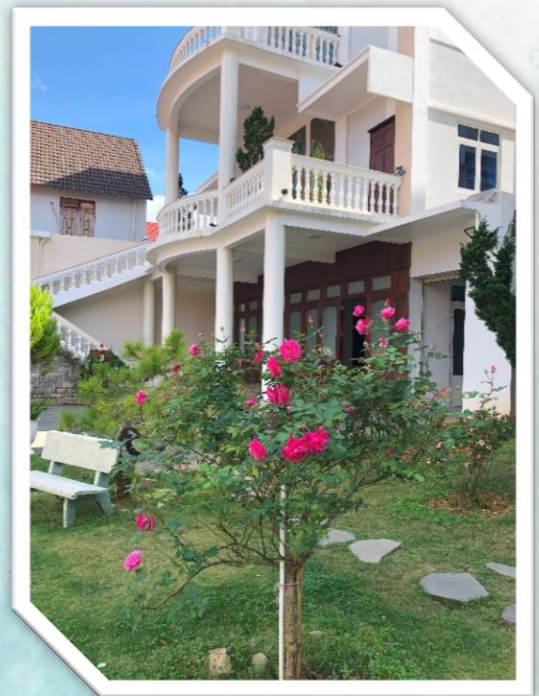
Waste classification is an indispensable part of raising awareness, retaining food waste, making your probiotics to create a natural fertilizer for plants, helping to improve soil, and Limit the use of chemical fertilizers. We also actively create green spaces by

planting and caring for trees and flowers and preserving old trees. To get closer



and live a connection with creation, we have monthly prayer times for the earth, holy hours, prayer times, praying the rosary outside three times a week to feel the gift of nature that God gives and join all creatures in singing and praising God.

For each of us, living in harmony with all things, caring for and protecting the environment is a responsibility that is also considered a mission to collaborate with the Trinity's creation, helping us to be aware of the fresh air we receive, green-clean-beautiful space and feel the closeness of a mighty God, find freedom and peace to help heal the soul, know how to value and give life.



Teresa Avila Kim Cuc

MISSION EXPERIENCE



Our sisters and I have lived at Da Lat Postulancy for almost Eight months. Every Sunday morning, I can join the sisters in apostolic activities: picking up scraps and bottles and

visiting families in difficult circumstances. They can be people we meet on the street holding lottery tickets in their hands, people trying to collect waste in trash cans, and those lonely elderly. We stop, listen, talk and visit them. Or it could be the families we still visit every week. We realize that every person and every family have a story and a situation. They all became closer and closer, and we feel that joy comes not from material things but from being present to listen and share. We see smiles and eyes full of faith in them even though life is still challenging. The days we share in the apostolate leave us with an intense experience: "God is present in the little people, and it is they who let us experience the joy of having God with us." Thank God for the meaningful experiences, and this is our wish: "May we, in each of our experiences, meet God in them, and they see God in us."



Teresa Nguyen Hoang Thien Huong

CLOSING

Thank God for the blessings we received during the Postulants' program. The Postulancy is where we learn, we touched, and grow in faith, love, courage and mission experience. It is a place to develop and explore more profound relationships with God, others, ourselves and the universe. We feel fortunate to receive the care and attention from the Sisters throughout the Congregation. May the Triune God bestow on you good health, joy, and necessary blessings in life and mission. Please continue to pray for us so that every day, we may be imbued with the living spirit of Euphrasie to glorify God in our vocational journey.



Some other activities



Share God's Word

Sisters' Feastday





*Merry
Christmas*



**Happy
New
Year**



Share some work at the
kindergarten



*Help in the hospital's
kitchen for children*





Accompany with The Youth



Picnic